

# OCTOBER 2023

# WAKEFIELD-MARENISCO

# LUNCH



School Information: Ala Carte is available at lunch for \$1.00. Grades 4-12 Students must have money to purchase these items. BREAKFAST & LUNCH are FREE this year.



School meals meet the nutritional standards established by The National School Lunch Program. All meals are served with whole grains, fruits, vegetable, and milk. Menus are subject to change.



## MONDAY

Chicken Patty  
Nacho Cheese &  
Chips

2

## TUESDAY

Quesadilla  
Salsa & Sour Cream

3

## WEDNESDAY

Cardinal Bowl  
Biscuit

4

## THURSDAY

Hot Dog on Bun  
Baked Beans  
Chips & Pickle

5

## FRIDAY

Chicken Noodle  
Soup  
Bosco Stick

6

Mac & Cheese  
Chicken Fries

9

Walking Taco  
Salsa & Sour Cream

10

Meatballs/Gravy  
Butter Noodles  
WW Roll

11

Mini Corn Dogs  
Baked Beans  
Smiley Potatoes

12

1/2 DAY  
Pizza  
Corn

13

Pizza Burger  
Fries

16

Pepperoni Hot  
Pocket  
Salads

17

Taco Salad  
Chips & Salsa

18

Sub Sandwich  
Chips & Pickles  
L&T

19

Broccoli Cheese  
Soup  
Bosco Stick

20

Rotini & Meatballs  
Garlic Bread

23

Beefy Cheesy  
Nachos  
Salsa & SC  
L&T

24

Calzone  
Salads

25

Chicken Patty  
Nacho Cheese &  
Chips  
L&T

26

Pizza  
Salads

27

Crispy Chicken  
Wrap  
L&T, Cheese  
Chips

30

Halloween  
BBQ on Bun  
Chips & Pickles

31

