

NOVEMBER 2023

WAKEFIELD-MARENISCO



School Information: Ala Carte is available for grades 4-12. Must have \$1.00 or money in your lunch account to purchase items.
****BREAKFAST & LUNCH ARE FREE****



School meals meet the nutritional standards established by The National School Lunch Program. All meals are served with whole grains, fruits, vegetable and milk.
**** Menu is subject to change ****

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cardinal Bowl 1

**Hot Dog on Bun
Baked Beans
Chips & Pickles** 2

**Chili Mac
Corn
Muffins/Cracker
Or PB&J** 3

**Mac & Cheese
Chicken Nuggets** 6

**Walking Taco
Salsa & Sour Cream** 7

**Chicken/Gravy over
Mashed Potatoes
Mixed Vegetables
Dinner Roll** 8

PTC NOON RELEASE 9

½ DAY 10

**Chicken Patty
Nacho Cheese &
Chips
L&T** 13

**Taco Wrap
Salsa & Chips** 14

**Sub Sandwich
L&T
Chips & Pickles** 15

**Rotini & Meatballs
Garlic Bread** 16

**Chicken Noodle
Soup
Roll & Butter
Or PB&J** 17

**BBQ Ribs
Butter Noodles
Bread & Butter** 20

**Beefy Cheesy
Nachos** 21

½ DAY 22

**NO
SCHOOL
HAPPY
THANKSGIVING** 23

**NO
SCHOOL** 24

**Garlic FB Pizza
Marinara
Salads** 27

Taco Salads 28

**Cheeseburger
Fries** 29

**Crispy Chicken
Wrap
Nacho Cheese &
Chips** 30

