

# SEPTEMBER 2023

## WAKEFIELD - MARENISCO

### LUNCH



**School Information:** Ala Carte is available at lunch for \$1.00. Students must have money to purchase these items.



School meals meet the nutritional standards established by The National School Lunch Program. All meals are served with whole grains, fruit, vegetable, and milk. Menus are subject to change.



#### MONDAY

**BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS**

#### TUESDAY



#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Labor Day  
**NO SCHOOL**

4

Pizza  
Salads

5

Cardinal Bowl  
Biscuit

6

Hot Dog on Bun  
Baked Beans  
Chips & Pickles

7

Beefy Cheesy Nachos  
Salsa & Sour Cream  
L&T

8

Mac & Cheese  
Chicken Nuggets

11

Taco Wrap  
Salsa & Sour Cream  
L&T

12

Salisbury Steak/Gravy  
Butter Noodles  
WW Roll

13

Corn Dogs  
Baked Beans  
Chips & Pickles

14

Pizza  
Salad

15

Sub Sandwiches  
Chips & Pickles  
L&T

18

Rotini & Meatballs  
Garlic Bread

19

Garlic French Bread  
Pizza W/ Marinara

20

Cheeseburger  
Fries  
Pickles

21

Bosco Stick  
Marinara  
Salad

22

Meatballs/Gravy  
Mashed Potatoes  
Bread/Butter

25

Taco Salad  
Tostitos Chips  
Salsa & Sour Cream

26

World School Milk  
Day  
Chicken Strips  
Tater Tots

27

Alfredo Noodles  
Broccoli  
Garlic Twist

28

Pepperoni French  
Bread Pizza  
Salads

29

1

**NO SCHOOL**