

# OCTOBER 2022

# WAKEFIELD-MARENISCO

# LUNCH



**School Information:** WATER & MILK WITH ALL MEALS.  
**FRUITS & VEGETABLES DAILY**  
\*\*\*\*\*Menu subject to availability\*\*\*\*\*



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



## MONDAY

Hot Ham & Cheese Sandwich  
Chips & Pickles

3

## TUESDAY

Beefy Nachos

4

## WEDNESDAY

Rotini & Meatballs  
Garlic Bread

5

## THURSDAY

Hot Dog on Bun  
Beans  
Fries

6

## FRIDAY

Pizza  
Salad

7

Salami/Turkey Sandwich  
Chips & Pickle

10

Walking Taco

11

Chicken Patty  
Nacho Cheese & Chips

12

Chicken Nuggets  
Mac & Cheese

13

**NO SCHOOL**

14

Mini Corn Dogs  
Beans  
Fries

17

Taco Wrap

18

Meatballs/Gravy  
Mashed Potatoes  
Roll

19

Cheeseburgers  
Fries

20

Chicken Noodle Soup  
Bosco Sticks

21

Penne Alfredo  
Broccoli  
Breadstick

24

Cheese Quesadilla

25

Tomato Soup  
Grilled Cheese

26

Cardinal Bowl

27

National Chocolate Day  
Garlic French Bread Pizza  
With Marinara

28

Halloween

31

Turkey Subs  
Chips & Pickles

