



School Information: MILK AND WATER WITH ALL MEALS.
FRUITS & VEGETABLES DAILY!!
*****MENU SUBJECT TO CHANGE*****



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or salmon.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Taco Salad 1

Mini Corn Dogs
Baked Beans
Chips & Pickles 2

Penne Pasta
Meatball & Red Sauce
Garlic Bread 3

Pizza
Salad 4

National Cereal Day 7
Hot Dog on Bun
Smiley Potatoes
Pickles

Beefy Nachos 8

BBQ Ribs 9
Butter Noodles
Dinner Roll

Chicken Patty 10
Nacho Cheese & Chips

Bosco Stick 11
Soup

Cardinal Bowl 14
Biscuit

Taco Wrap 15

Ham & Turkey 16
Subs
Chips & Pickle

St. Patrick's Day 17
Chicken Nuggets
Mac & Cheese

*****1/2 Day***** 18
PB&J Sandwich
Cheese Sticks

Meatballs & 22
Butter Noodles
Dinner Roll

Walking Taco 23

Burgers 24
Fries

Chicken Alfredo 25
Broccoli
Garlic Twist

Chicken Patty 28
Nacho Cheese & Chips

Taco Pizza Bites 29

Crispy Chicken 30
Wrap

Soup 31
Turkey Sandwich

