

OCTOBER 2021

WAKEFIELD-MARENISCO

LUNCH



School Information: Milk and Water with every meal.

FRUITS & VEGETABLES DAILY

*****MENU SUBJECT TO CHANGE*****



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Meatballs/Gravy
Mashed Potatoes
Corn
Dinner Roll

4

Walking Taco
Lettuce, Tomato, cheese
Salsa & Sour Cream

5

Mac & Cheese
Chicken Chunks

6

Corn Dogs
Side Salads
Treat Day

7

Pizza Quesadilla
Lettuce & Tomato
Salsa & Sour Cream
Treat Day

1

NO SCHOOL

8

Inservice Day

Chicken Patty
Nacho Cheese & Chips
Lettuce, tomato, pickle

11

Taco Salad
Chips, cheese, salsa
Sour Cream

12

Cheese Ravioli in red sauce
Meatballs
Garlic Toast

13

Hot Dog on Bun
Baked Beans
Chips & Pickles

14

Pizza
Side Salads
Treat Day

15

Hamb/Ch Burger
Tater Tots
Pickles

18

Beefy Nachos
Lettuce & Tomato
Salsa & Sour Cream

19

Chicken Alfredo
Broccoli
Garlic Twist

20

Tomato Tortellini Soup
Grilled Cheese
Crackers

21

Chef Salad
Bosco Stick
Treat Day

22

Ham & Turkey Sub
Lettuce & Tomato
Chips & Pickle

25

Taco Pizza Bites
Lettuce & Tomato
Salsa & Sour Cream

26

Crispy Chicken Wrap
Cheese & Lettuce
Ranch
Salsa & Chips

27

Chicken Patty
Nacho Cheese & Chips
Lettuce, tomato, pickle

28

Pizza
Salad
Treat Day

29