

AUGUST 2021

WAKEFIELD-MARENISCO

LUNCH



School Information: Milk and Water with every meal.

FRUITS & VEGETABLES DAILY

******Menu Subject to Change******



August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

4

5

6

9

10

11

12

13

16

17

18

19

20

23

10:00 START
Walking Taco
Salsa & Sour Cream
Lettuce & Tomato

25
Chicken Patty
Nacho Cheese & Chips
Lettuce & Tomato

26
Pizza
Salad
Treat Day

27
NO SCHOOL

NO SCHOOL

31
Taco Salad
Chips & Salsa
Sour Cream

