

January 2021

WAKEFIELD-MARENISCO

LUNCH



School Information: Milk and Water with every meal.
FRUITS/VEGETABLES DAILY
*****Menu subject to change*****



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

Monday



Bosco Stick w/Marinara

4

Side Salad

Fruit

Tuesday



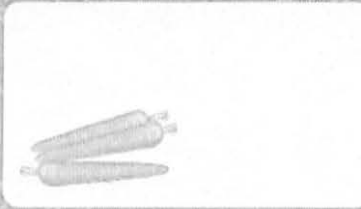
Popcorn Chicken

5

Mashed Potatoes

Corn/Dinner Roll

Wednesday



Pizza

6

Side Salad

Fruit

Thursday



Mac & Cheese

7

Hot Dog

Fruit

Friday



NO SCHOOL

1

Mini Corn Dogs

11

Baked Beans

Italian Veggies

Taco Pizza Bites

12

Salsa & Sour Cream

Fruit

Chicken Patty

13

Nacho Cheese/Chips

Lettuce/Tomato

Meatballs/Gravy

14

Butter Noodles

Green Beans/Dinner Roll

Cheese Pizza

15

Side Salad

Cookie

Rotini & Meatsauce

18

Garlic Twist

Fruit

Walking Taco

19

Salsa & Sour Cream

Fruit

Hot Dog on Bun

20

Fries

Fruit

PB & J Sandwich

21

Cheese Stick

Fruit/Veggie

Garlic French Bread Pizza

22

Side Salad

Cookie

Hamb/CHBurger

25

Chips/Pickle

Fruit

Taco Salad

26

Salsa/Sour Cream

Chips

Alfredo Pasta

27

Broccoli

Chicken Strips

Chili Mac

28

Butter Bread

Crackers/Fruit

Personal Pepperoni Pizza

29

Side Salad

Cookie